

BOOK
7/7

Quranic Foundations

Bismillah • 5 Short Surahs • Names of Allah • Pillars • Prophets



Read with reverence. Memorise with love.

Modern Day Syllabus • Prep Class • Book 7 of 7



We begin with these blessed words



Bismillah-ir-Rahman-ir-Raheem.

"In the name of Allah, the Most Merciful, the Especially Merciful."



We say this before everything good we do —
before eating, before reading, before sleeping,
before beginning a journey.

It is our beautiful invitation:
'Allah, please be with me.'



How to use this book



1. Sit with wudu and a clean heart. The Qur'an deserves respect.
2. Read each surah slowly. Listen to the rhythm of the words.
3. Read the meaning in English. Talk about what it means.
4. Repeat the transliteration line-by-line — many times.
5. On Names-of-Allah pages, learn one Name a week.
6. Pillars and Prophets pages — simple introductions; deepen with age.
7. Memorisation is a slow, sacred gift. Praise effort, never speed.

Al-Fatihah

(The Opening)

TRANSLITERATION

Bismillah-ir-Rahman-ir-Raheem.

Alhamdu lillahi rabbil-'alameen.

Ar-Rahman-ir-Raheem.

Maliki yawmid-deen.

Iyyaka na'budu wa iyyaka nasta'een.

Ihdina-s-siratal-mustaqeem.

MEANING IN ENGLISH

In Allah's name, all praise to Allah, Lord of all the worlds. The Merciful, the Compassionate. Master of the Day of Judgement. You alone we worship, and from You alone we seek help. Guide us to the straight path. The path of those You have favoured.

DID YOU KNOW?

The Opening — recited in every prayer.

Al-Ikhlās

(Pure Faith)

TRANSLITERATION

Qul huwa-llahu ahad.

Allahu-s-samad.

Lam yalid wa lam yoolad.

Wa lam yakun lahu kufuwan ahad.

MEANING IN ENGLISH

Say: He is Allah, the One. Allah is the One on whom all depend. He has no children, and was not born. And there is none equal to Him.

DID YOU KNOW?

Reciting this is like reciting a third of the Qur'an.

Al-Falaq

(The Daybreak)

TRANSLITERATION

Qul a'oodhu bi rabbil-falaq.

Min sharri ma khalaq.

Wa min sharri ghasiqin idha waqab.

Wa min sharri-n-naffaathati fil-'uqad.

Wa min sharri haasidin idha hasad.

MEANING IN ENGLISH

Say: I seek refuge with the Lord of the dawn — from the harm of all that He created, from the harm of darkness when it spreads, from the harm of those who blow on knots, and from the harm of an envier when he envies.

DID YOU KNOW?

A morning protection — recite at sunrise.

An-Nas

(The People)

TRANSLITERATION

Qul a'oodhu bi rabbi-n-naas.

Maliki-n-naas.

Ilaahi-n-naas.

Min sharril-waswasil-khannaas.

Alladhi yuwaswisu fee sudoori-n-naas.

Minal-jinnati wa-n-naas.

MEANING IN ENGLISH

Say: I seek refuge with the Lord of mankind, King of mankind, God of mankind, from the harm of the whisperer who slinks away, who whispers into the hearts of mankind, from jinn and from mankind.

DID YOU KNOW?

A nighttime protection — recite at sunset.

Al-Kawthar

(Abundance)

TRANSLITERATION

Inna a'taynakal-kawthar.

Fasalli li rabbika wa-nhar.

Inna shani'aka huwal-abtar.

MEANING IN ENGLISH

Indeed, We have given you (Muhammad ■) abundance. So pray to your Lord and sacrifice. Indeed, your enemy is the one who is cut off.

DID YOU KNOW?

The shortest surah in the Qur'an — only 3 verses!



5 Beautiful Names of Allah

—  —

Allah has 99 beautiful names — here are 5 to start with.



Ar-Rahman

— • —

The Most Merciful

He shows kindness to everyone.



Ar-Raheem

— • —

The Specially Merciful

He has extra mercy for believers.



Al-Khaliq

— • —

The Creator

He made everything we see.



As-Salam

— • —

The Source of Peace

He brings calm to our hearts.





Al-Wadud

— • —

The Loving

He loves us — more than any.



The 5 Pillars of Islam

Five pillars hold up the beautiful house of faith.

Shahada

(Declaration)

There is no god but Allah, and Muhammad is His messenger.

Salah

(Prayer)

Five prayers every day.

Zakat

(Charity)

Give to those in need.

Sawm

(Fasting)

Fast in Ramadan.

Hajj

(Pilgrimage)

Visit the Ka'bah once, if you can.




Four Beloved Prophets

—  —

Allah sent many prophets to guide us. Here are four of them.




Adam (AS)

—  —

The first man, the first Prophet.




Ibrahim (AS)

—  —

Built the Ka'bah with his son Ismail.




Musa (AS)

—  —

Parted the sea, led his people to safety.



Muhammad (PBUH)

—  —

The final Prophet, our beloved guide.

Peace be upon all the prophets, may Allah's blessings be with them.



A Du'a for the Reader

"Rabbi zidni ilma."

My Lord — increase me in knowledge.

Say this before opening any book.
May Allah make these words a light in your heart.

Ameen.





Certificate of Achievement



I know my Bismillah, 5 short surahs, 5 Names of Allah, 5 pillars and 4 prophets!

This certificate is proudly presented to:



(write the child's name here)



Haris Naseer

Modern Day Syllabus • Foundations Series

Founder & CEO, Modern Day Syllabus



A short note for parents and teachers



What this book builds:

- the Bismillah as the gentle opening to every action
- 5 short surahs (Al-Fatihah, Al-Ikhlās, Al-Falaq, An-Nas, Al-Kawthar) — transliterated + English meaning
- 5 beautiful Names of Allah with child-friendly explanations
- the 5 Pillars of Islam in pillar-form infographic
- 4 beloved prophets — first introduction to a vast tradition

How to teach the Qur'an well at age 5:

- start with the SHORTEST surah (Al-Kawthar — 3 verses). Build slowly.
- recite TOGETHER. Children absorb rhythm before words.
- do NOT push memorisation. Love comes first; memorisation follows naturally.
- link a surah to a moment: 'Before bed, let's say An-Nas together.'
- for proper recitation (tajweed), find a qari or use a verified audio resource.

PREP class COMPLETE! Modern Day Syllabus Foundation Series — 21 books total:

- Playgroup: 7 books
- Nursery: 7 books
- Prep: 7 books

Modern Day Syllabus • job-ready, idea-ready, world-ready by Class 10.