

My Family & My Home

Family • Kindness • Du'as • Routines • English + Urdu



Family means love. Family means home.

Modern Day Syllabus • Playgroup • Book 6 of 7

Hi! It's Mini again.

Today I want to introduce
you to MY family!

We will meet 9 family members,
learn 6 magical kindness words,
and find ways to help
around the house.

Family means love.
Family means home.
Let's begin together!

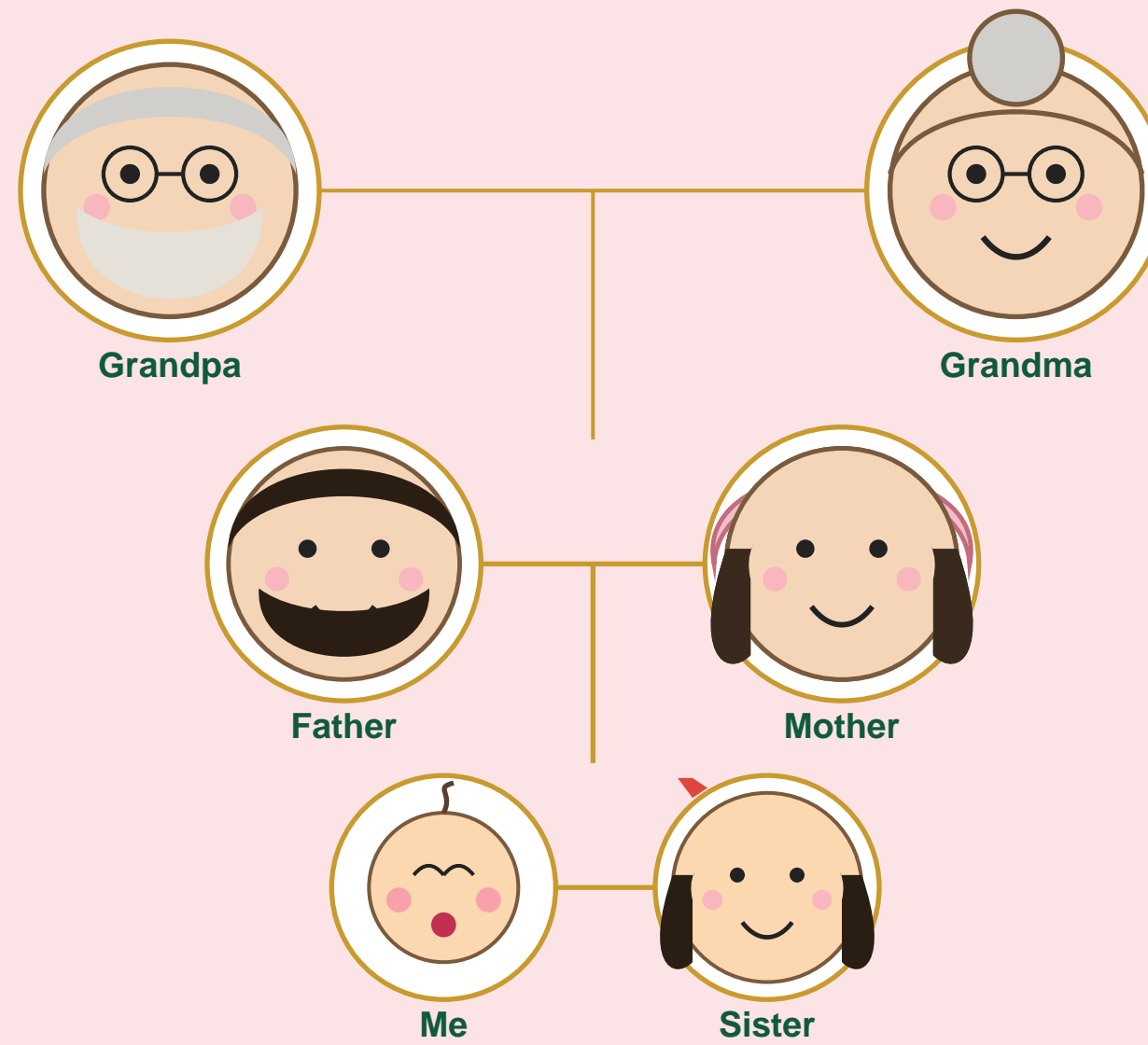


How to use this book

1. Open a family page. Point at the picture. Say the word in English.
2. Say the Urdu word — both options if there are two (Naani / Daadi).
3. Ask: 'Who is this in our family?' Use real names.
4. On kindness pages, ROLEPLAY the phrase. Take turns.
5. On routine pages, do the actions together — wake, wash, eat, sleep.
6. Hug after every page. Family pages are full of love.

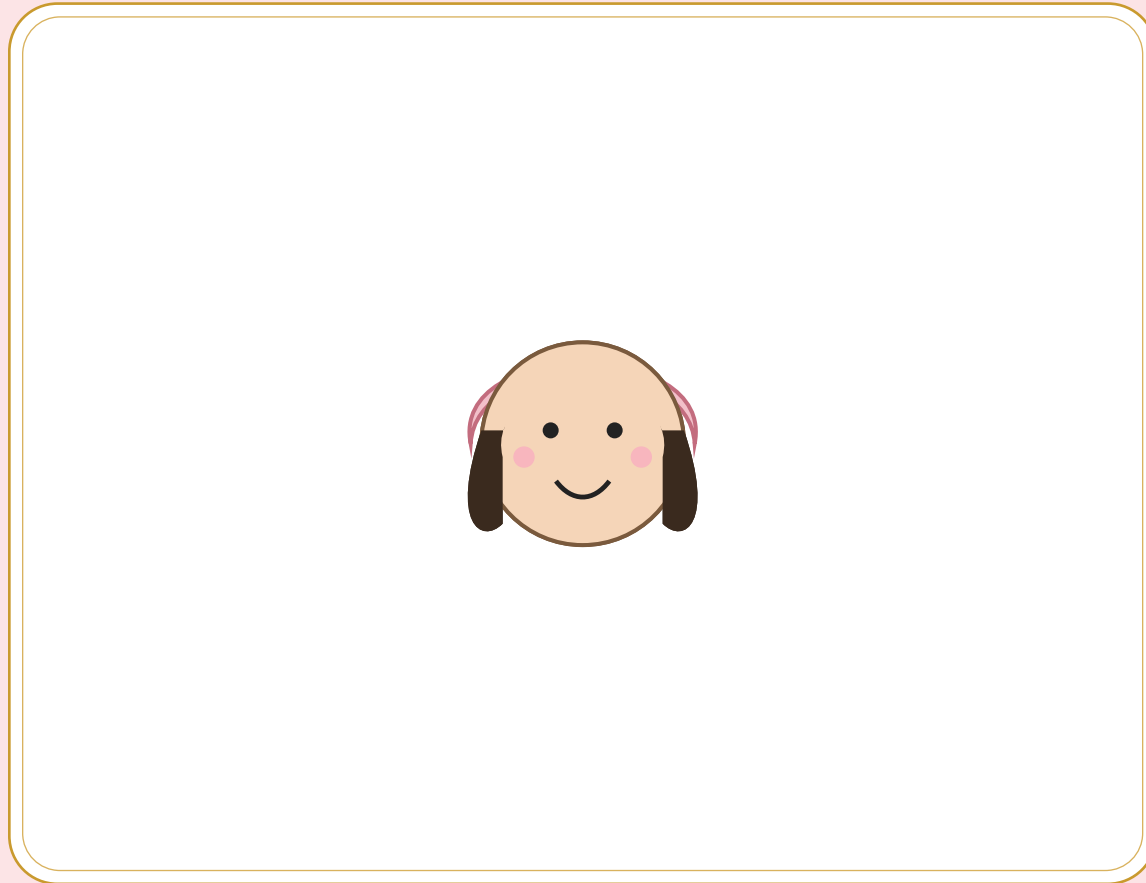
My Family Tree

Big circles for grown-ups. Smaller circles for children.



Mother

Urdu: Maa



I love my mother.

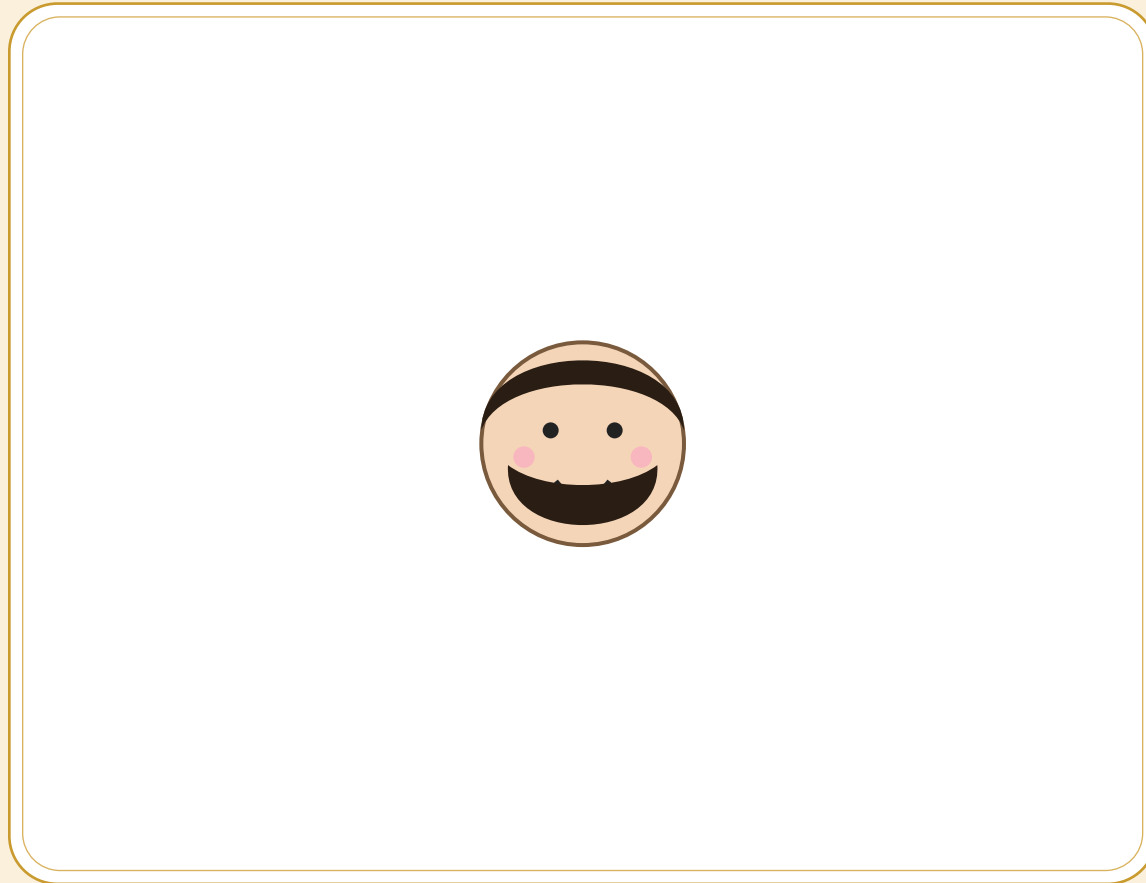
Tell me about your mother.

What is their name?

Say it three times: Mother, Mother, Mother!

Father

Urdu: Abba



I love my father.

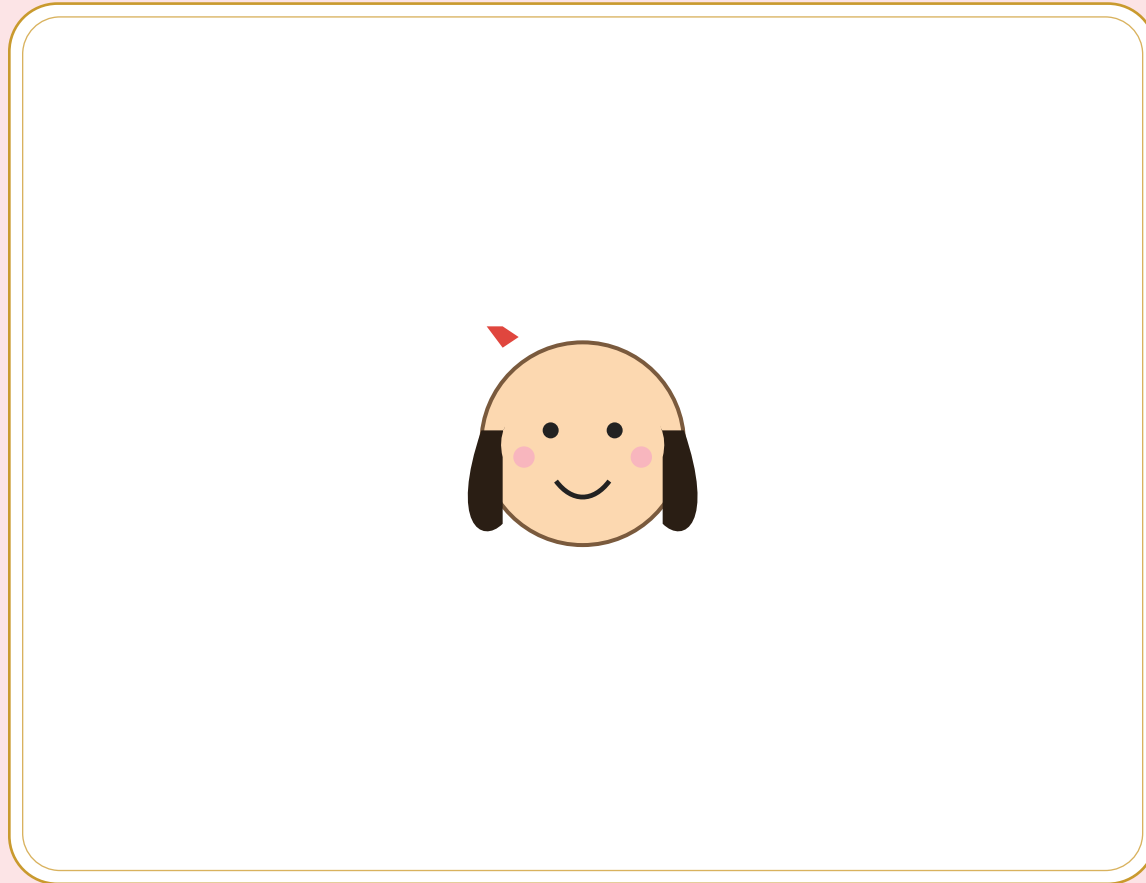
Tell me about your father.

What is their name?

Say it three times: Father, Father, Father!

Sister

Urdu: Behan



My sister plays with me.

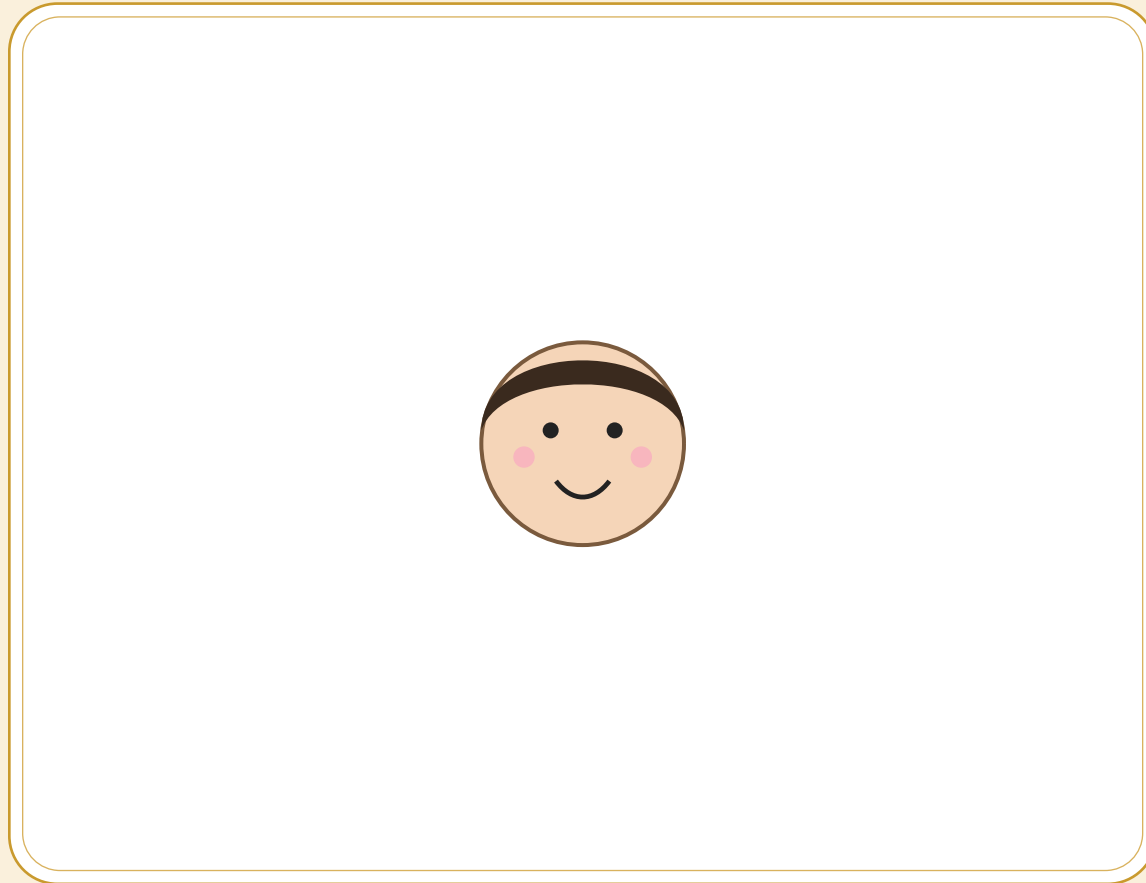
Tell me about your sister.

What is their name?

Say it three times: Sister, Sister, Sister!

Brother

Urdu: Bhai



My brother is my friend.

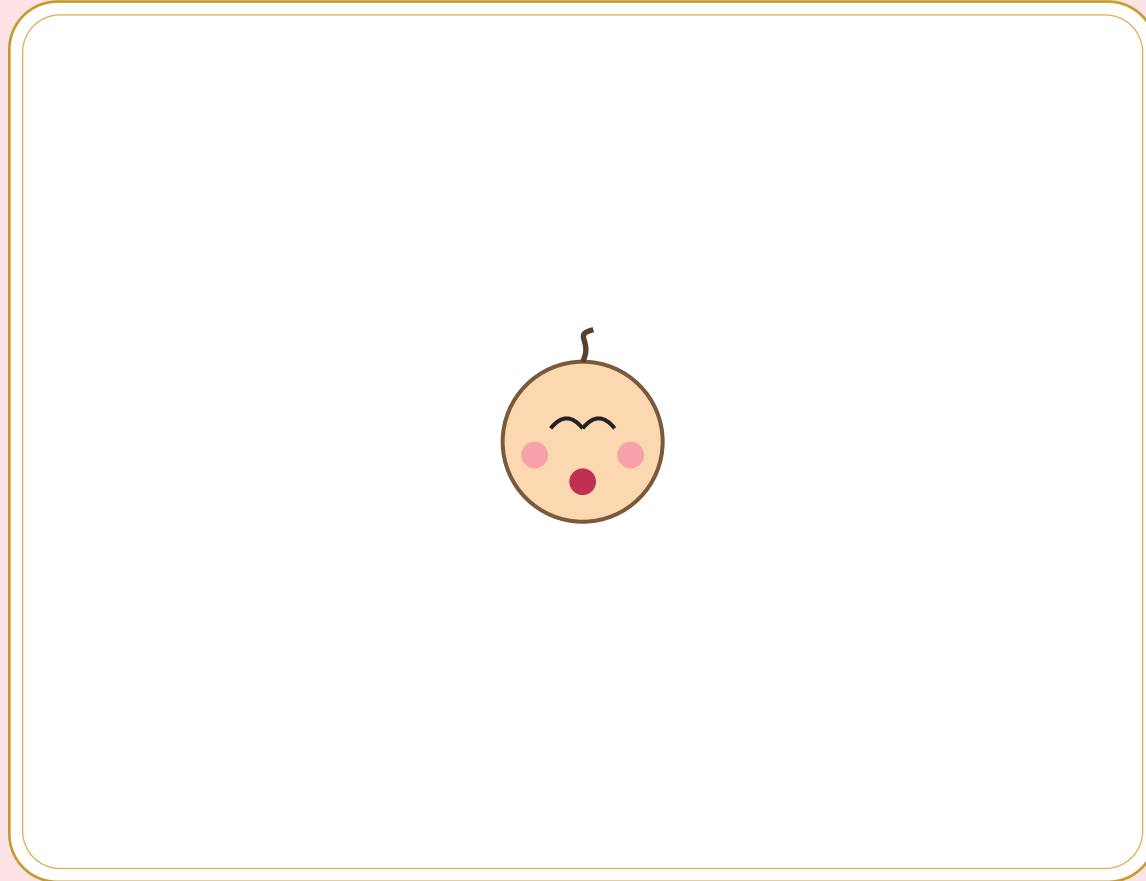
Tell me about your brother.

What is their name?

Say it three times: Brother, Brother, Brother!

Baby

Urdu: *Bachcha*



The baby is small.

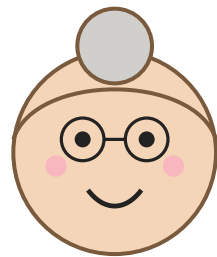
Tell me about your baby.

What is their name?

Say it three times: Baby, Baby, Baby!

Grandma

Urdu: Naani / Daadi



Grandma tells me stories.

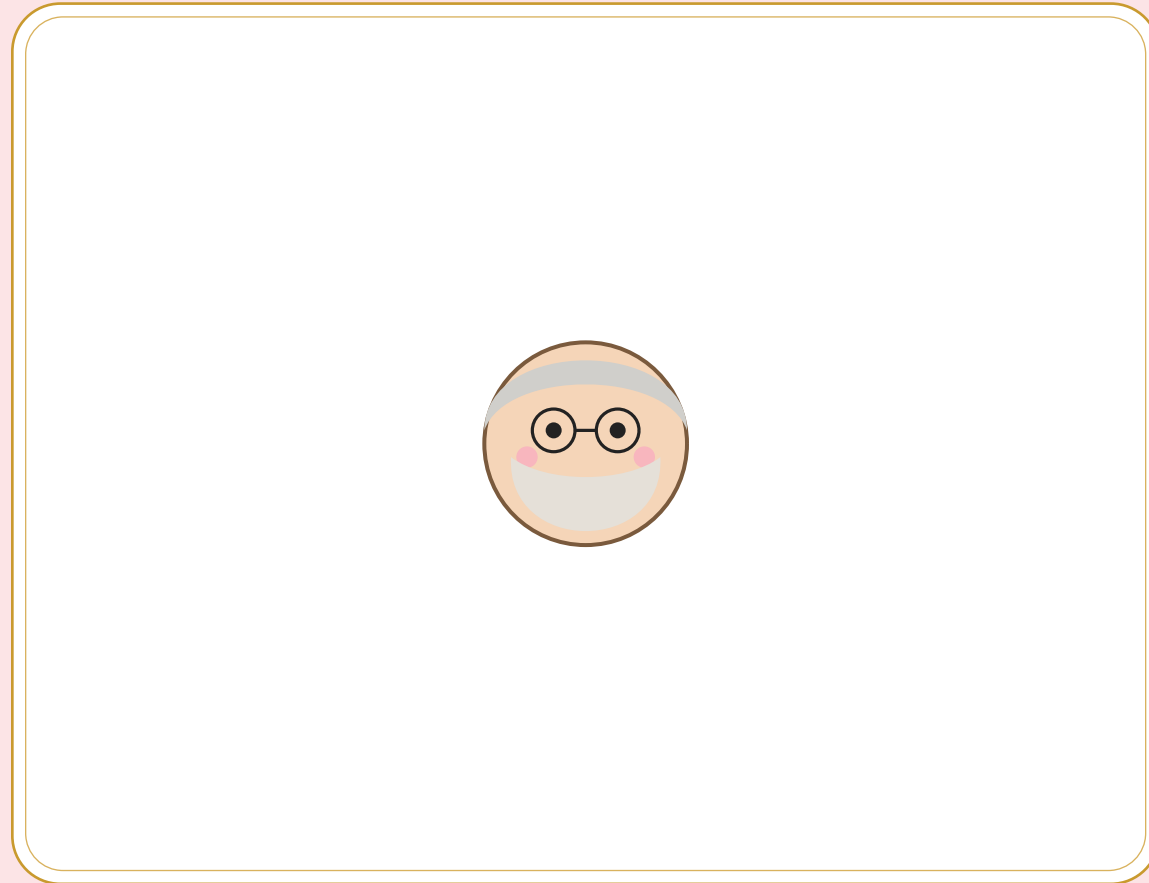
Tell me about your grandma.

What is their name?

Say it three times: Grandma, Grandma, Grandma!

Grandpa

Urdu: Naana / Daada



Grandpa is wise.

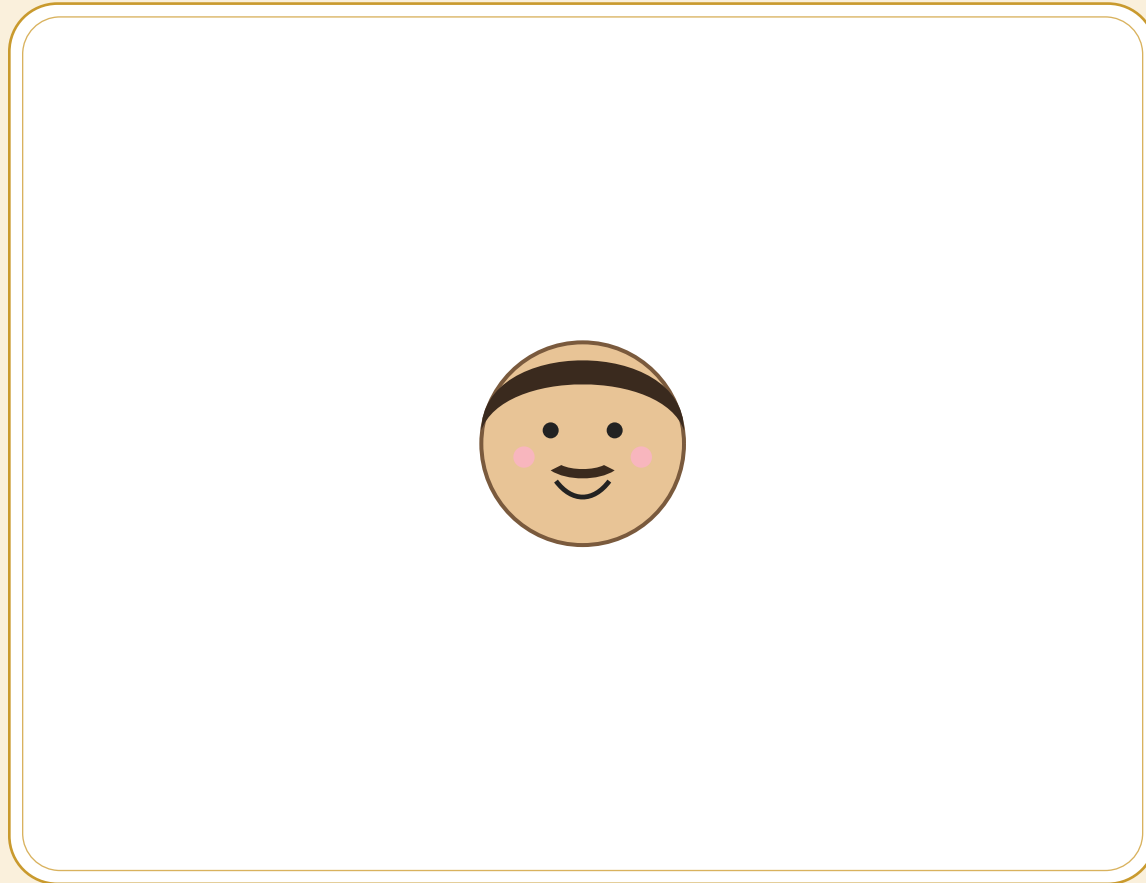
Tell me about your grandpa.

What is their name?

Say it three times: Grandpa, Grandpa, Grandpa!

Uncle

Urdu: Chacha / Mamu



Uncle is fun.

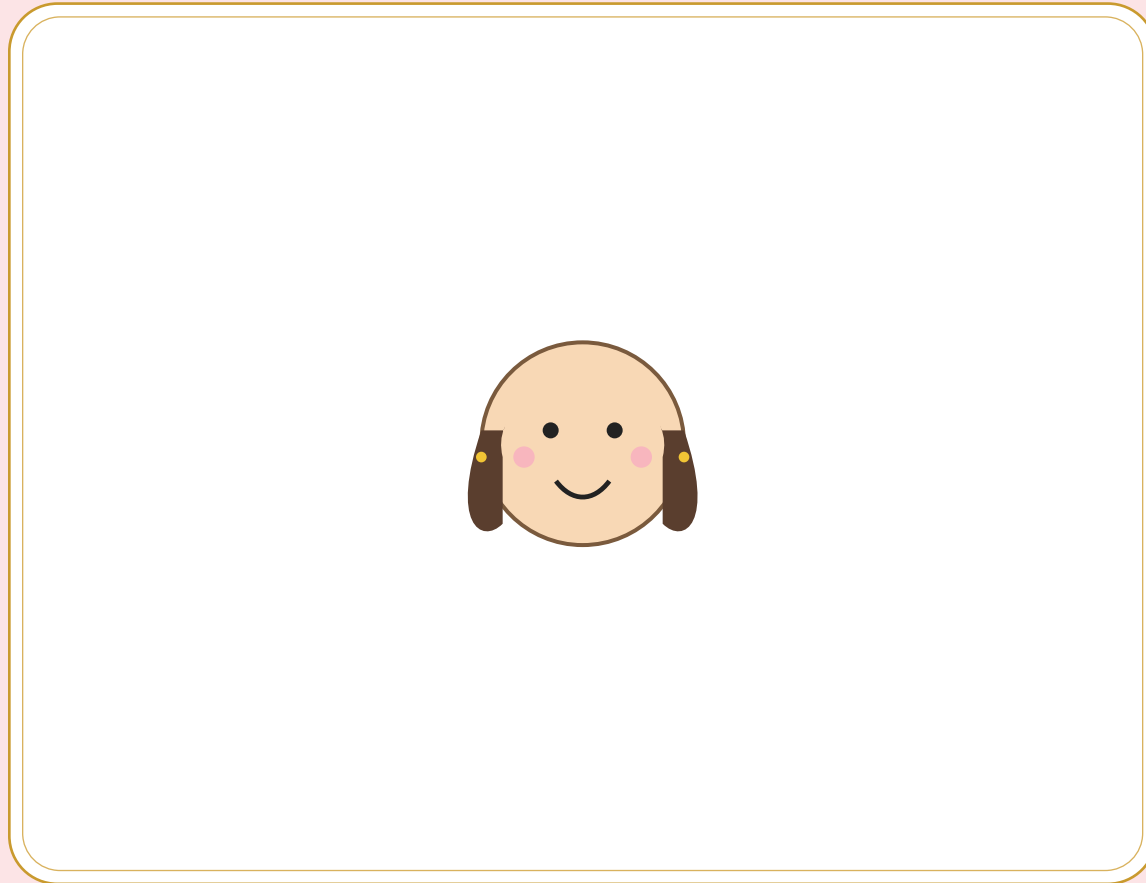
Tell me about your uncle.

What is their name?

Say it three times: Uncle, Uncle, Uncle!

Aunt

Urdu: Khala / Phupho



Aunt is kind.

Tell me about your aunt.

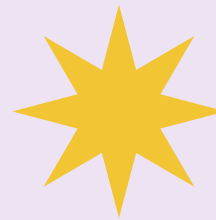
What is their name?

Say it three times: Aunt, Aunt, Aunt!

Six magical kindness words



Tiny words. Huge effect. Use them every day.



Please

Urdu: Meherbani



Please

"Please pass the cup."

Practice: say 'Please'
three times today.

Use 'Please' three times today.

Thank you

Urdu: Shukriya



Thank you

"Thank you, mother."

Practice: say 'Thank you'
three times today.

Use 'Thank you' three times today.

Sorry

Urdu: Maaf kijiye




Sorry

"I am sorry. I will be careful."

Practice: say 'Sorry'
three times today.

Use 'Sorry' three times today.

Bismillah

Urdu: Bismillah



Bismillah

"We say it before we eat."

Practice: say 'Bismillah'
three times today.

Use 'Bismillah' three times today.

Alhamdulillah

Urdu: Alhamdulillah



Alhamdulillah

"We say it after we eat."

Practice: say 'Alhamdulillah'
three times today.

Use 'Alhamdulillah' three times today.

Salam

Urdu: As-salamu alaikum



Salam

"We say it when we meet."

Practice: say 'Salam'
three times today.

Use 'Salam' three times today.

My Morning Routine

Read together. Tick each step every morning!

- Wake up. Stretch like a cat.
- Say 'Alhamdulillah' for a new day.
- Wash my face. Brush my teeth.
- Wear clean clothes.
- Eat breakfast. Drink water.
- Hug mama and abba. Say 'Salam'.
- Ready to learn and play!

My Bedtime Routine

Calm body. Calm voice. Soft lights.

- Tidy my toys.
- Drink a small glass of water.
- Wash hands and face.
- Brush my teeth.
- Wear my pajamas.
- Listen to a story.
- Say my night du'a.
- Hug. Sleep tight!

5 Ways I Help at Home

Even small hands can do BIG things.



Tidy

I put my toys back in the box.



Set

I put cups and plates on the table.



Sort

I help match the socks after washing.



Water

I water the plants — just a little.



Dust

I wipe my own table with a cloth.

Praise the helping. 'Thank you for tidying!'

A Family Love Poem

*Mama's hug, Abba's voice,
Naani's stories, Daada's smile,*

*Sister sharing, brother caring,
Baby giggling all the while.*

*Home is where the warm food cooks,
Home is where I learn to grow,*

*Family is my softest blanket,
Family is the love I know.*

Certificate of Achievement

I know my family, my kindness words and my home routines!

This certificate is proudly presented to:

(write the child's name here)

Modern Day Syllabus • Foundations Series

A short note for parents and teachers

What this book builds:

- family vocabulary in English and Urdu (with regional grandparent variants)
- six core kindness words plus three Islamic dhikr (Bismillah, Alhamdulillah, Salam)
- a calm morning routine and a calm bedtime routine — the bedrock of behavior
- early service: 5 ways a 3-year-old can genuinely help in the home

How to make this book powerful:

- use real names: 'Yes — that is your Khala Saima.' Connection is the lesson.
- catch your child being kind. Praise the act: 'That was a kind thing!'
- do the morning + bedtime list TOGETHER for 21 days — habits form there.
- call a relative on video call after their page. Words become real faces.

Coming next in the Foundations Series:

- Out and About (places, vehicles, road safety) — the final Playgroup book
- Then we move up to NURSERY: phonics, handwriting, first reading, simple math.