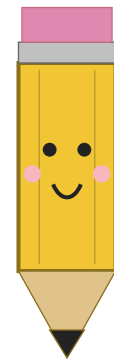


My Pencil Friends

Pencil Grip • Strokes • Capital + Lower-case Tracing



Starring PENNY the Pencil.

Modern Day Syllabus • Nursery Class • Book 2 of 7

Hi! I'm Penny.

I am Penny the Pencil.
Today I will teach your
fingers how to dance.



First we'll learn the right
way to hold me.

Then we'll practice lines,
curves and shapes.

Sharp pencil ready?
Soft hand. Let's begin!

How to use this book

1. Show the tripod grip on a real pencil first.
2. Trace each stroke with your finger before using the pencil.
3. Go slowly. Speed comes later — control comes first.
4. Praise the EFFORT: 'I love how steady your line is!'
5. 5–10 minutes a day. Stop the moment they tire.
6. Save the worksheets. Show progress weekly!

The Tripod Grip



Pencil rests between three friends.

- Thumb on one side.
- Pointer finger on top.
- Middle finger holds underneath.
- Other 2 fingers curl into the palm.
- Soft grip — not too tight!

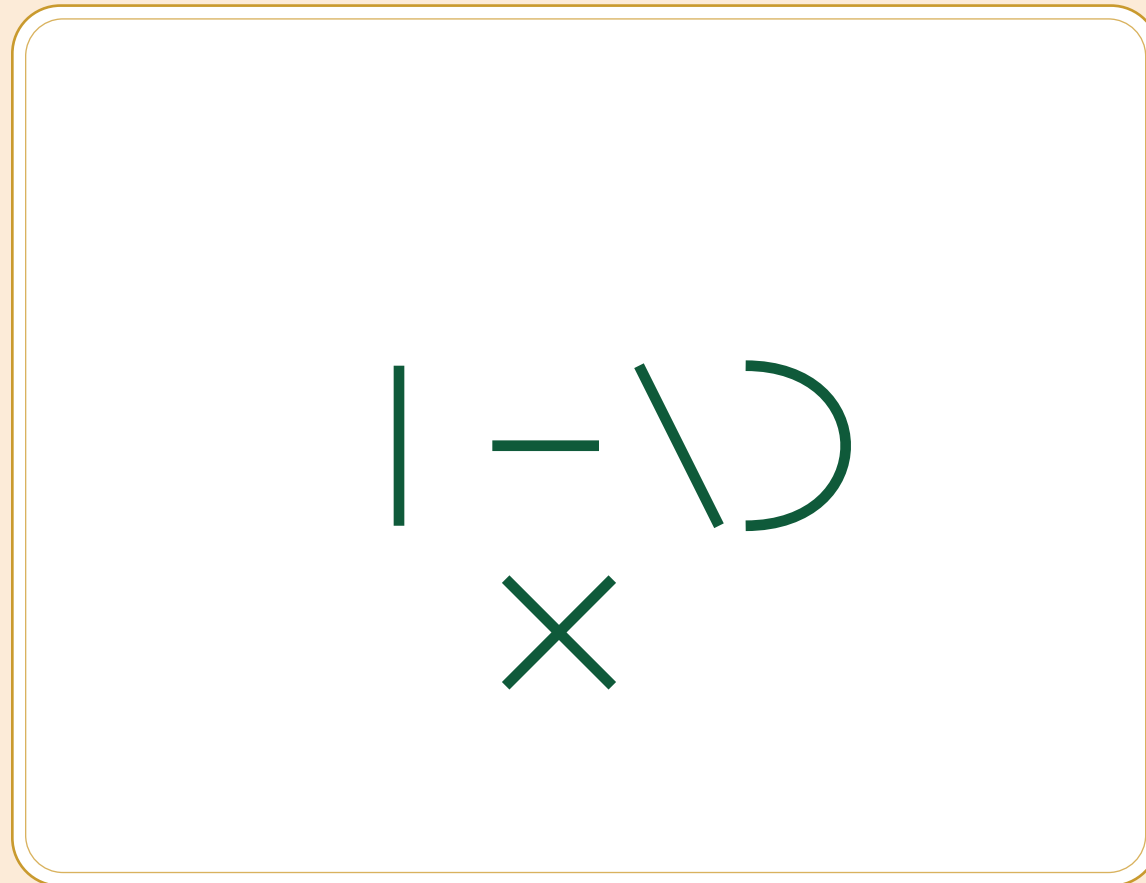
Sit Tall, Write Small

Good posture = a steady hand.

- Bottom back in the chair.
- Both feet flat on the floor.
- Paper tilted slightly.
- Free hand holds the paper.
- Light in front, not behind.

The 5 Magic Strokes

Line • Cross • Slant • Curve • Circle



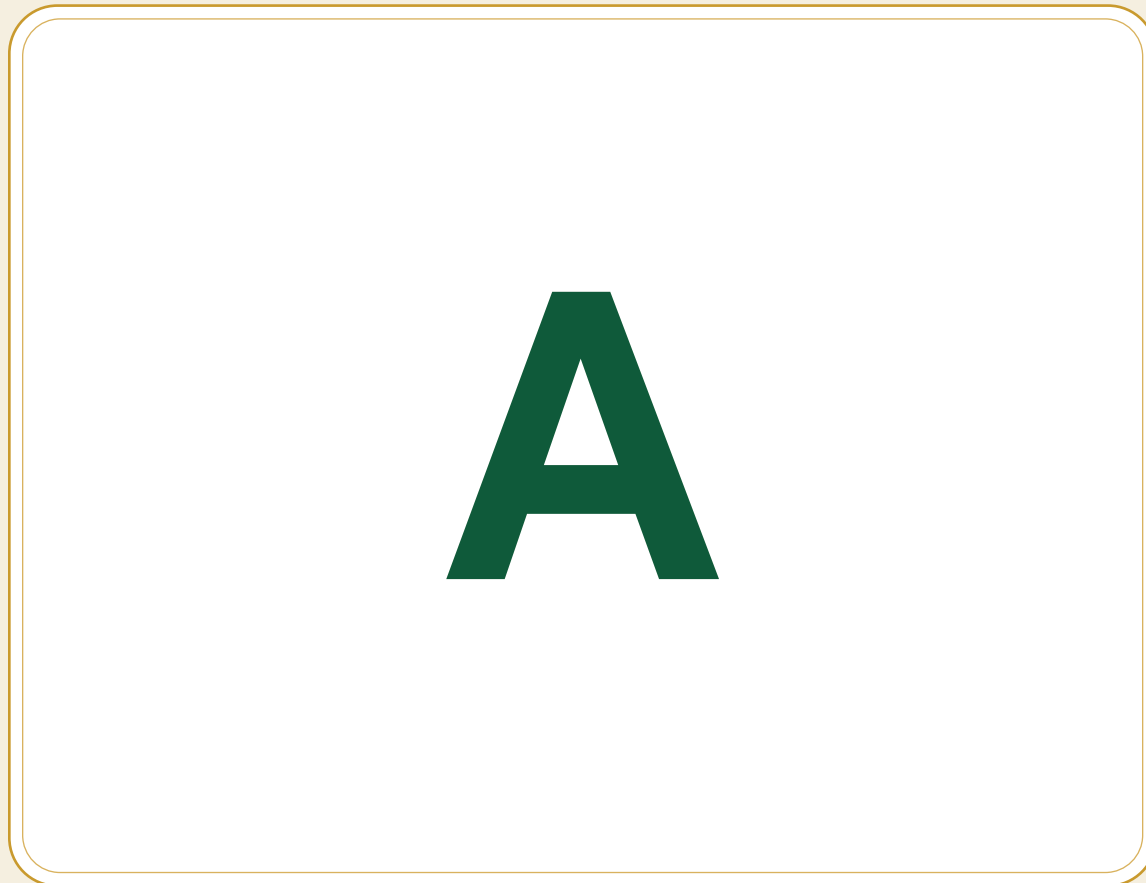
Practice each one slowly.

All letters are made
of these 5 strokes.

Trace each stroke 5 times. Slow and steady!

A

Trace 3 times.

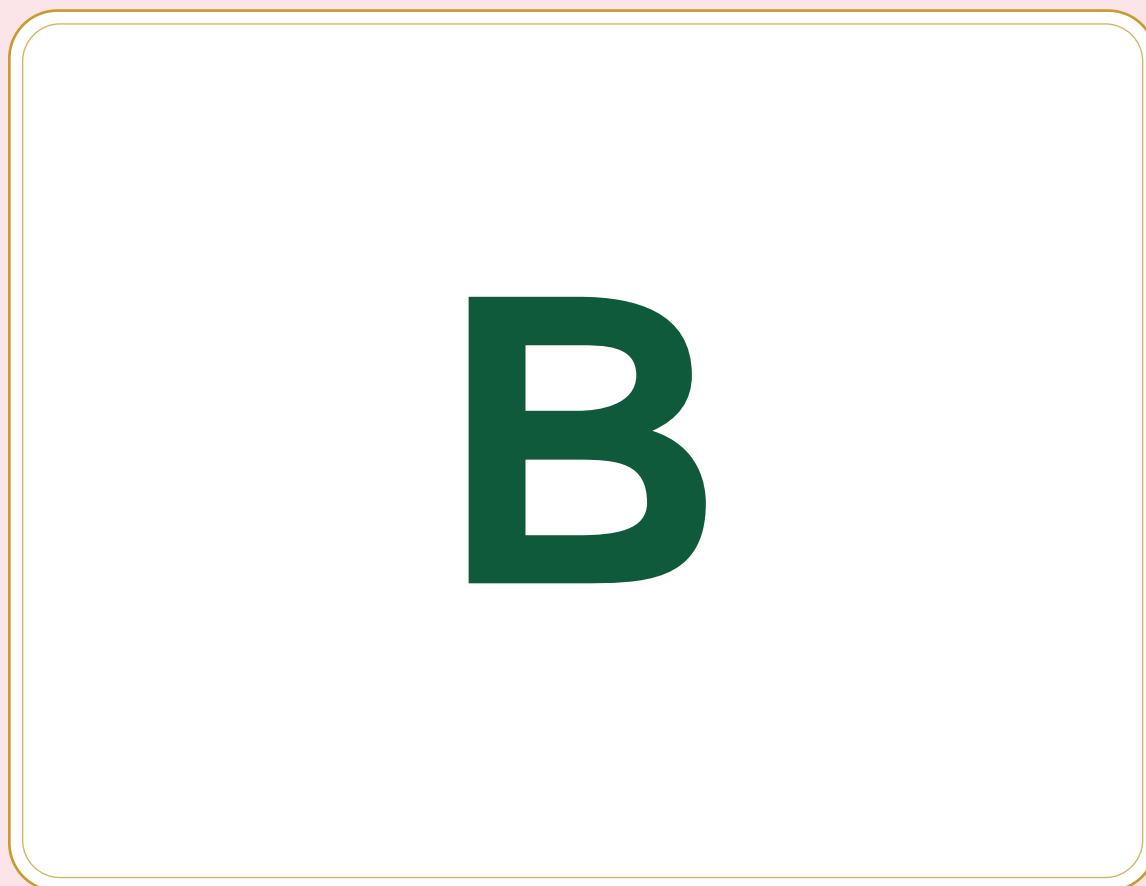


Start at the top.
Follow the arrows.
Lift the pencil
between strokes.

Trace, trace, trace — A is yours!

B

Trace 3 times.

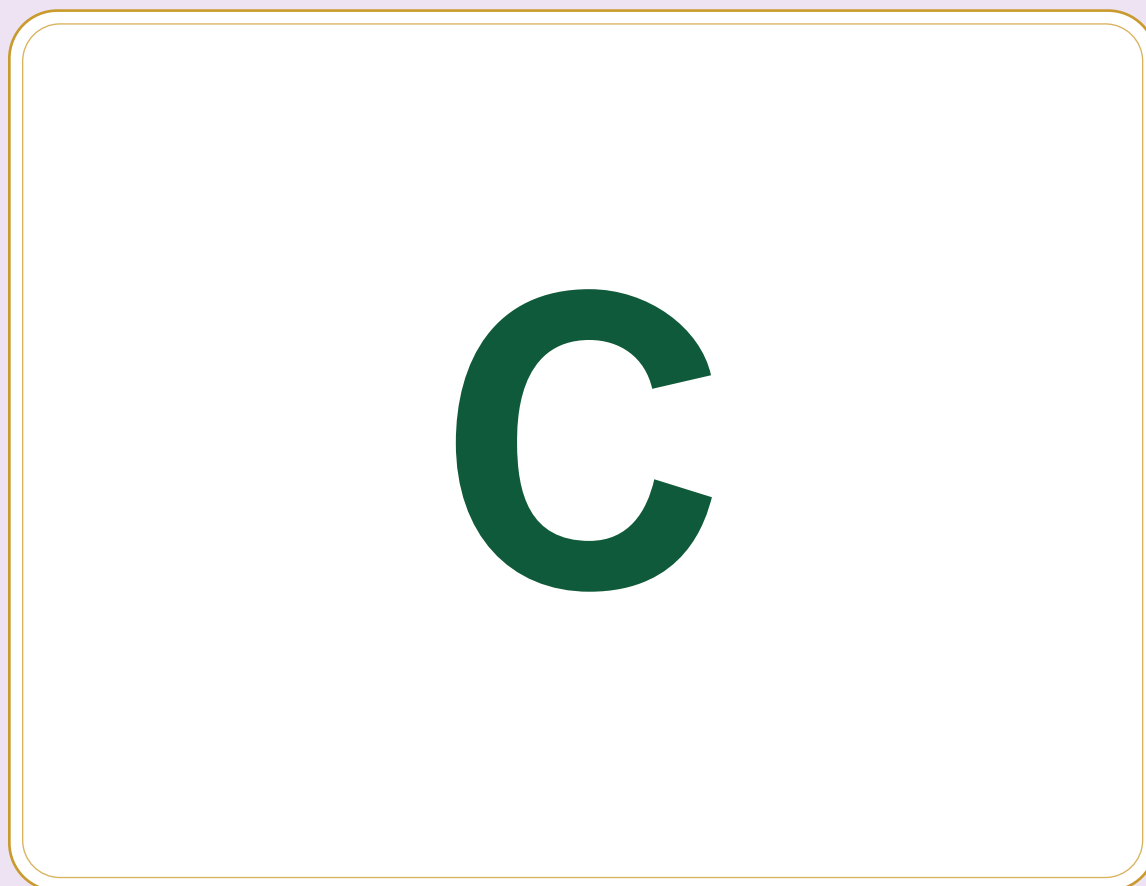


Start at the top.
Follow the arrows.
Lift the pencil
between strokes.

Trace, trace, trace — B is yours!

C

Trace 3 times.



Start at the top.
Follow the arrows.
Lift the pencil
between strokes.

Trace, trace, trace — C is yours!

D

Trace 3 times.



Start at the top.
Follow the arrows.
Lift the pencil
between strokes.

Trace, trace, trace — D is yours!

a

Trace 3 times.



a

Round and smooth.
Don't lift the pencil
for curves.

Round and round — a is yours!

e

Trace 3 times.

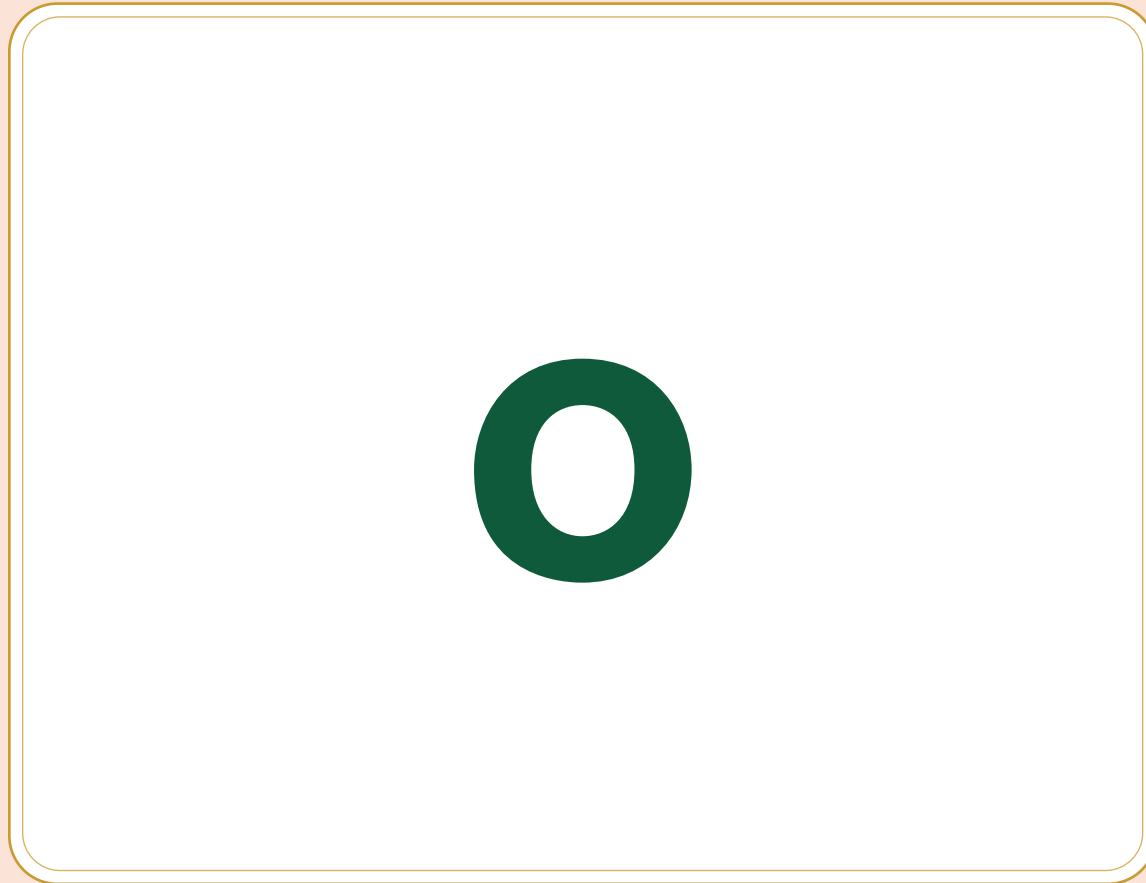


Round and smooth.
Don't lift the pencil
for curves.

Round and round — e is yours!

o

Trace 3 times.



Round and smooth.
Don't lift the pencil
for curves.

Round and round — o is yours!

S

Trace 3 times.



Round and smooth.
Don't lift the pencil
for curves.

Round and round — s is yours!

Certificate of Achievement

I can hold a pencil and trace my letters!

This certificate is proudly presented to:

(write the child's name here)

Modern Day Syllabus • Foundations Series

A short note for parents and teachers

What this book builds:

- Tripod grip — the foundation of legible handwriting
- Pre-writing strokes that compose every letter
- Confidence and control before speed

Pro tips:

- Short pencils force a proper grip. Break long ones if needed.
- Crayons and chalk first for very young hands.
- Sand-tray writing builds muscle memory before pencil work.

Coming next:

- Story Time — listening, comprehension, big-lesson stories